











# Where does my food come from?

## Vocabulary

sushi	
paddy	
rice	
sprouting	
shoots	
roots	
Japan	
soil	
volcano	
healthy	

## Key themes and books



- Growing
- Vegetables

- Cooking
- Global food

## Experiences/WOW

- Growing a bean
- Visiting the allotments
- Planting seeds
- Making Sushi
- Preparing food for a picnic

## Diary Dates

Every Friday at 3.10pm – Book Club all parents are invited  
**Tuesday 5<sup>th</sup> May**- Children's Day  
**Monday 11<sup>th</sup> May**- Making Sushi  
**Tuesday 12<sup>th</sup> May 1pm**- Walk around Kilmington allotments (parent volunteers needed)  
**Friday 22nd May at 2pm**- Whole class picnic and play

## Key facts/Knowledge

- I know that flowers and warmer weather are signs of spring
- I know that plants need water, air and sunlight to grow
- I know that all food comes from plants or animals
- I can identify healthy and unhealthy foods
- I know that we need to eat at least five portions of fruit and vegetables a day
- I know that there are volcanos in Japan
- I know that rice is grown in a flooded field called a paddy
- I know that Sushi is a popular food in Japan