

	Monday	Tuesday	Wednesday	Thursday	Friday
week 1	Week 1 - Commencing: 04 Nov - 25 Nov - 16 Dec - 20 Jan - 10 Feb - 10 Mar - 31 Mar				
	Chicken Korma curry & rice or	Pasta Bolognese or	Roast Chicken or Chickpea Roast	Pork Meatballs or Veg Meatballs (VG)	Breaded Fish or Vegan 'fish' wrap & salad (VG)
	Spaghetti Nest (VG)	Lentil Rice Casserole (VG)	or	rice & sweetcorn	baked beans & chips
	~	Peas ~	Meat Free Roast (VG) Roast potatoes, broccoli, carrots & meat free gravy (VG) ~	~	~
	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or iced Lemon drizzle cake	Fruit Salad or Yoghurt or Fruit Basket
week 2	Week 2 - Commencing: 11 Nov - 02 Dec - 06 Jan - 27 Jan - 24 Feb - 17 Mar				
	Macaroni Cheese or	Chicken Goujons potato waffles & spaghetti hoops or	Roast Ham or Quorn Fillet (VG)	Sticky Honey Chicken or Vegetable Stir Fry (VG)	Fish Fingers or Veggie Fingers (VG)
	Vegetable Biryani (VG)	or Tuna Pasta Bake	or Meat Free Roast (VG)	rice & broccoli	baked beans & chips
	~	~	Roast potatoes, broccoli, carrots & meat free gravy (VG) ~	~	~
	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Chocolate cake & sprinkles	Fruit Salad or Yoghurt or Fruit Basket
week 3	Week 3 - Commencing: 18 Nov - 09 Dec - 13 Jan - 03 Feb - 03 Mar - 24 Mar				
	Pizza Margherita or	Pork Sausages or	Roast Turkey or	Lasagne or	Battered Fish or
	Vegan Sausage Roll (VG)	Veggie Sausages (VG)	Stuffed Tomato (VG)	Cheese wheel	Quorn Nuggets (VG)
	seasoned potato cubes & sweetcorn ~	mash, carrots & gravy ~	or Meat Free Roast (VG) Roast potatoes, broccoli, carrots & meat free gravy (VG) ~	Peas ~	baked beans & chips ~
	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or Fruit Basket	Fruit Salad or Yoghurt or iced vanilla cake & sprinkles	Fruit Salad or Yoghurt or Fruit Basket

ADDITIONAL MAIN MEAL OPTIONS

Jacket Potato with Cheese or Beans or Cheese & Beans or Tuna	Jacket Potato with Cheese or Beans or Cheese & Beans or Tuna	Jacket Potato with Cheese or Beans or Cheese & Beans or Tuna	Jacket Potato with Cheese or Beans or Cheese & Beans or Tuna	Jacket Potato with Cheese or Beans or Cheese & Beans or Tuna
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