



Kilmington Primary School
PSHE Overview



Kingfishers PSHE Overview

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
Year A	Unit: Me and My Relationships <ul style="list-style-type: none"> Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends 	Unit: Valuing Difference <ul style="list-style-type: none"> Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons 	Unit: Keeping Safe <ul style="list-style-type: none"> Super sleep Who can help? (1) Good or bad touches? Sharing pictures (Online safety link) What could Harold do? Harold loses Geoffrey 	Unit: Rights and Respect <ul style="list-style-type: none"> Harold has a bad day Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid 	Unit: Being My Best <ul style="list-style-type: none"> I can eat a rainbow Eat well Harold's wash and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Inside my wonderful body! (OPTIONAL) 	Unit: Growing and Changing <ul style="list-style-type: none"> Healthy me Then and now Taking care of a baby Who can help? (2) Surprises and secrets Keeping privates private
Year B	Unit: Me and My Relationships <ul style="list-style-type: none"> Our ideal classroom (1) Our ideal classroom (2) (OPTIONAL) How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! 	Unit: Valuing Difference <ul style="list-style-type: none"> What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem 	Unit: Keeping Safe <ul style="list-style-type: none"> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? 	Unit: Rights and Respect <ul style="list-style-type: none"> Getting on with others When I feel like erupting Feeling safe Playing games Harold saves for something special Harold goes camping (OPTIONAL) 	Unit: Being My Best <ul style="list-style-type: none"> You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom What does my body do? My body needs... (OPTIONAL) Basic first aid 	Unit: Growing and Changing <ul style="list-style-type: none"> A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept



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	<ul style="list-style-type: none">• Bullying or teasing? (OPTIONAL)			<ul style="list-style-type: none">• How can we look after our environment?		
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