



Kilmington Primary School
PSHE Overview



Ospreys PSHE Overview

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
Year A	Unit: Me and My Relationships <ul style="list-style-type: none"> • Collaboration Challenge! • Give and take • Communication (OPTIONAL) • How good a friend are you? • Relationship cake recipe • Our emotional needs • Being assertive 	Unit: Valuing Difference <ul style="list-style-type: none"> • Qualities of friendship • Kind conversations • Happy being me • The land of the Red People • Is it true? • Stop, start, stereotypes • It could happen to anyone (OPTIONAL) 	Unit: Keeping Safe <ul style="list-style-type: none"> • Spot bullying • Play, like, share • Decision dilemmas • Ella's diary dilemma • Vaping: healthy or unhealthy? • Would you risk it? • 'Thinking' about habits (OPTIONAL) • Drugs: true or false? (OPTIONAL) • Smoking: what is normal? (OPTIONAL) 	Unit: Rights and Respect <ul style="list-style-type: none"> • What's the story? • Fact or opinion? • Mo makes a difference • Rights, respect and duties • Spending wisely • Lend us a fiver! • Local councils (OPTIONAL) 	Unit: Being My Best <ul style="list-style-type: none"> • It all adds up! • Different skills • My school community (2) • Independence and responsibility • Star qualities? • Basic first aid, including Sepsis Awareness 	Unit: Growing and Changing <ul style="list-style-type: none"> • How are they feeling? • Taking notice of our feelings • Dear Ash • Growing up and changing bodies • Changing bodies and feelings • Help! I'm a teenager - get me out of here! • Dear Hetty (OPTIONAL)
Year B	Unit: Me and My Relationships <ul style="list-style-type: none"> • Working together • Let's negotiate (OPTIONAL) • Solve the friendship problem • Dan's day (OPTIONAL) • Behave yourself 	Unit: Valuing Difference <ul style="list-style-type: none"> • OK to be different • We have more in common than not • Respecting differences • Tolerance and respect for others • Advertising friendships! 	Unit: Keeping Safe <ul style="list-style-type: none"> • Think before you click! • It's a puzzle (OPTIONAL) • To share or not to share? • Rat Park • What sort of drug is...? • Drugs: it's the law! 	Unit: Rights and Respect <ul style="list-style-type: none"> • Two sides to every story • Fakebook friends • What's it worth? • Jobs and taxes (OPTIONAL) • Happy shoppers - caring for the environment 	Unit: Being My Best <ul style="list-style-type: none"> • This will be your life! • Our recommendations • What's the risk? (1) • What's the risk? (2) • Basic first aid, including Sepsis Awareness • Five Ways to Wellbeing project 	Unit: Growing and Changing <ul style="list-style-type: none"> • I look great! • Media manipulation • Pressure online • Helpful or unhelpful? Managing change • Is this normal? • Making babies • What is HIV? (OPTIONAL)



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	<ul style="list-style-type: none">• Assertiveness skills (formerly Behave yourself - 2)• Don't force me• Acting appropriately	<ul style="list-style-type: none">• Boys will be boys? - challenging gender stereotypes	<ul style="list-style-type: none">• Alcohol: what is normal?• Joe's story (part 1) (OPTIONAL)• Joe's story (part 2) (OPTIONAL)	<ul style="list-style-type: none">• Action stations! (OPTIONAL)• Project Pitch (parts 1 & 2) (OPTIONAL)• Democracy in Britain 1 - Elections• Democracy in Britain 2 - How (most) laws are made• Community art (OPTIONAL)		
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