



Kilmington Primary School PSHE Overview



Ospreys PSHE Overview

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
Year A	<ul style="list-style-type: none"> What are our individual strengths and achievements? What are my aspirations and goals? What targets do I want to set myself? How can I manage the pressure of targets/goals? What in the media is true or false? How does media place pressures on people? What are dares and challenges? 	<ul style="list-style-type: none"> What is money, what do you need money for? How much do different jobs get paid? How do "cards" work? What is the difference between a debit card and a credit card? What types of borrowing are there and how does it work? What is interest? How can you save money through spending and budgets? What is tax? What is it used for? 	<ul style="list-style-type: none"> What are the dangers and hazards in school, home and outside world? Who is responsible for your safety from child to adult? What are the positives and negatives of taking risks? How do you keep safe on the roads How do drugs, alcohol, caffeine and medicines affect your body? What are habits and why do we do them? 	<ul style="list-style-type: none"> How do people show their feelings? How does it feel when people do/do not recognise your feelings? What are the consequences of your behaviour? How does your behaviour affect others' feelings? How can listening to others opinions change our actions? How can we use the skills of negotiation and compromise effectively? 	<ul style="list-style-type: none"> What is an opinion? What is a debate or discussion? Does it have an outcome? How can you show you respect other people's opinions? How can people with different opinions work together on shared goals? Can you make rules if everyone has a different opinion – how do you resolve the differences? How do your decisions value everyone in the community regardless of any differences? 	<ul style="list-style-type: none"> What makes a healthy relationship? What types of relationships are there? (Friendships, families, couples) What is a committed loving relationship? What makes a relationship unhealthy? (Including forced marriage) How do humans reproduce? What physical and emotional changes happen during puberty?
Year B	<ul style="list-style-type: none"> What makes a balanced lifestyle? How do you have a balanced diet? What are the influences on the choices we make? How hygiene practices can we carry out to keep safe from bacteria, viruses? 	<ul style="list-style-type: none"> What is an enterprise project? How can an enterprise help the community? <p>Plan and execute an enterprise project for a cause chosen by the group.</p>	<ul style="list-style-type: none"> What rules are there for keeping safe? What constitutes an emergency? What do I need to know about fire safety? How can you get help in an emergency? How do you keep safe when you are out and about? 	<ul style="list-style-type: none"> What is anti-social behaviour? What is bullying? What is aggressive behaviour and where does it come from? What are human rights? What responsibilities go alongside human rights? 	<ul style="list-style-type: none"> What makes up someone's identity? What is discrimination? What is a stereotype and where do stereotypes come from? What is bullying? Why do people bully? What is prejudice? What is equality? How do people show respect to each other? 	<ul style="list-style-type: none"> What types of relationships are there? (friendships, families, couples) What happens when relationships change including separation and divorce? How do your feelings change when there is separation or loss?



Kilmington Primary School PSHE Overview



	<ul style="list-style-type: none">What is acceptable/unacceptable physical contact? What is consent? What do I need to consider when talking about confidentiality and secrets? How does this affect my personal safety?		<ul style="list-style-type: none">What first aid could be administered in a range of situations?	<ul style="list-style-type: none">Are human rights respected across the world?		<ul style="list-style-type: none">How does it feel when there is a bereavement within your family / group?
--	--	--	--	--	--	--